



# REPORT TO COMMUNITY 2023–2024

**FearIsNotLove**

Every human has the **right to feel safe, respected, supported** and loved.

**FearIsNotLove.ca**



# ABOUT US

**FearIsNotLove** serves anyone experiencing domestic violence and abuse.

Regardless of who a person is, how they identify, or where they come from or who they love—we are here to help. We serve anyone who is being abused, anyone concerned that they have hurt a loved one and want to change, or someone looking to support those impacted by domestic violence and abuse.

You may have originally known us as the Calgary Women's Emergency Shelter. **We're still us**, but have evolved from our beginnings to start this new chapter.

In this evolution, we will change the conversation around domestic violence and abuse, and spark a social movement in the city. We aim to educate and inspire individuals to start new dialogue, and to break down barriers and dismantle the stigma attached to neglect, violence and abuse.

**FearIsNotLove** more closely represents the important work and true impact of our agency, which helps more people identify domestic violence and abuse, and recognize they can find support here and reach out for help.

Our goal is to help people to have violence-free lives, to live without fear, and get to the ultimate outcome—love.

**Every human has the right to feel safe, respected, supported and loved.**

**FearIsNotLove.ca**

# MISSION

**To inspire and build a dignity driven movement cultivating communities that are free from domestic violence and abuse.**

# VISION

**Freedom from domestic violence and abuse for everyone.**



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GET INVOLVED



# CEO & PRESIDENT'S MESSAGE

Kim Ruse  
*CEO*

Shelly Norris  
*President*

This past year we continued to amplify our new brand that was launched in 2022. This evolution helps serve even more people impacted by domestic violence and abuse. FearIsNotLove is a far-reaching brand that people can see themselves in, inviting them to access support at an earlier point on their help-seeking journey.

In the first year of our new brand, we have seen a positive response in the community and in the impact made. As FearIsNotLove, more people recognize that they can find help here, and it more closely reflects who we are and our impact in the community. It highlights our ongoing commitment to innovation and excellence in service delivery, and signifies our focus on inclusivity and support for anyone impacted by domestic violence and abuse.

In addition to offering our programs and services, we are also focused on raising awareness and changing the conversation in tangible ways. We aim to spark a social movement in the city to educate and inspire individuals to start new dialogue, and to breakdown barriers and tackle the unfair attitudes, stigma and shame that have been attached to domestic violence and abuse for too long.

As the community continues to face economic challenges, it has placed a strain on both our agency and those we serve. With increased affordability constraints, victims are facing more challenges and barriers to access support, and are in more dangerous and high-risk situations. With increased demand for our services and in the complexity of our work, we continue to adapt and navigate the ways in which we support those in need of our services.

This year, we unveiled our new strategic plan, laying the groundwork for ambitious and new opportunities to make a difference in the community. It outlines a new vision, mission, and fundamental priorities and strategic commitments, while we remain guided by values of respect, courage, collaboration, and learning. These principles will help us navigate the challenges and opportunities that lie ahead.

We cannot do this work alone. We are grateful for the unwavering support and dedication of our donors, partners, staff, volunteers and community. Your contributions enable us to make a difference in the lives of the many individuals and families we serve each year. We are truly grateful for your continued generosity and commitment.

Looking ahead, we remain committed to service excellence and continuous improvement. We are dedicated to enhancing our programs and services to better meet the evolving needs of our community, and to engage and work collaboratively to change the conversation about domestic violence and abuse.

In the spirit of truth and reconciliation, we recognize the importance of acknowledging the past and nurturing safety, healing and repair within our community. FearIsNotLove is committed to working with Indigenous peoples to build relationships based on mutual understanding and respect. We are dedicated to listening, learning and adapting approaches to advance reconciliation, and to move forward in a positive and impactful way. As we commemorate 50 years of service in this next year, we will honour our legacy and renew our commitment to creating freedom from domestic violence and abuse for everyone.

# PROGRAMS & SERVICES

**FearIsNotLove** serves all people to live free from domestic violence and abuse through a comprehensive range of innovative programs and services.



## CONNECT DOMESTIC VIOLENCE & ABUSE HELPLINE

Crisis counselling, information and questions provided around neglect, violence, and abuse. Trained counsellors answer the phone 24 hours a day, 365 days a year. Multi-lingual and email support are also available.



## CALGARY WOMEN'S EMERGENCY SHELTER

A safe haven and secure shelter for adults who identify as women, with or without children, who are fleeing domestic violence and abuse. Some rooms can accommodate pets, which can often be a barrier for individuals leaving dangerous and unsafe situations.



## COMMUNITY SERVICES COUNSELLING

Offers counselling to any person in the community experiencing abuse, violence, or neglect in their close relationships. Counselling is offered in-person at a safe location, through virtual technology, and over the phone.



## COURT PROGRAM

Help with navigation of the court system, for anyone who has experienced domestic violence and abuse.



## MEN'S RESOURCE LINE

Phone counselling, information and support for individuals in the area of emotional and relational wellness. Available 24 hours per day, 365 days a year.



## HEALTHY RELATIONSHIPS PROGRAM FOR YOUTH

Violence prevention counselling for youth experiencing struggles or have concerns with a peer, family or dating relationship. Individual or group counselling is offered in schools for both victims or those who use abuse.



## MEN'S COUNSELLING SERVICE

Individual and group counselling for adults interested in creating or enhancing safety in their close relationships.



## TAKE A STAND INITIATIVE

An educational program designed to help informal supporters provide helpful responses to people who are experiencing domestic violence and abuse.



## CHILD, YOUTH & FAMILY THERAPY PROGRAM

Support and counselling for children, youth and their family members who have experienced domestic violence and abuse in the home.



## MEN & FAMILY THERAPY

An online resource offering trusted, accessible support, information and resources for the complex mental and relational health challenges men face.

[menand.ca](http://menand.ca)

To learn more about our vital work in the community: [FearIsNotLove.ca](http://FearIsNotLove.ca)

**16,930** CALLS

to the **Connect Domestic Violence and Abuse Helpline**

**42** CHILDREN OR YOUTH AND

**49** PARENTS

accessed the **Child, Youth & Family Therapy Program**

**225** WOMEN

**316** CHILDREN

were supported at the **Calgary Women's Emergency Shelter**

**350** ADULTS

**102** PARTNERS

were helped through the **Men's Counselling Service**

**288** INDIVIDUALS

participated in the **Cultural Helpers Program** as part of the **Men & Project**



# YEAR IN REVIEW

In 2023–2024, we supported **20,177\*** individuals.

**356** PARTICIPANTS

in the **Take A Stand Initiative**

**318** ADULTS

accessed the **Court Program**

**737** ADULTS

accessed the **Community Services Counselling Program**

**449** YOUTH

participated in the **Healthy Relationships Program**

**5** WOMEN AND **10** MEN

accessed the **Family Healing Program** in partnership with **Tsuut'ina Stoney Corrections Society**

\* There may be overlap included in this statistic where an individual or client may have participated in multiple programs within the year.

# PROGRAM OUTCOMES

100%

of women who accessed the **Emergency Shelter** indicate that they feel safe from their abuser while in shelter.

100%

of clients who accessed the **Court Program** indicate that they have a better understanding of the court process.

91%

of youth indicate that they have learned the skills to help build **Healthy Relationships** through their participation in the program.

97%

of clients served through **Community Services Counselling** report they have learned how to keep themselves safe.

94%

of parents have seen a positive change in their child as a result of the supports they received from the **Child, Youth and Family Therapy Program**.

99%

reported that they have gained a better appreciation for their own cultural values related to respect, kindness and humility for their family as a result of participating in the **Cultural Helpers Program**.

97%

of **Take A Stand** participants feel more confident to respond to someone who discloses domestic violence and abuse, in a supportive, non-judgemental way.

77%

of men served through **Men's Counselling Service** report that they are able to handle conflict and stress in a way that is respectful towards their partner.

# CLIENT TESTIMONIALS

“It was the first time I truly felt heard and I was able to open up about things I have been scared to say to anyone else.”

~ **Healthy Relationships Program**

“I’ve learned I have a lot of inner strength, and resilience and courage.”

~ **Community Services Counselling Program**

“FearIsNotLove has really changed my life, changed the way I think about things and approach situations. I am a much better person because of the support I have received, and I am very happy with how far I have come.”

~ **Men’s Counselling Service**

“The Shelter made me feel safe, just like in my mother’s house.”

~ **Calgary Women’s Emergency Shelter**

“The Court Program really helped reduce my anxiety and increase my confidence going into the court room. My counsellor provided emotional support, comfort and ways to prepare myself to go to court. I felt confident and at ease going into court after our talks.”

~ **Court Program**

# COMMUNITY INITIATIVES & HIGHLIGHTS



## The Family Healing Program

**By FearIsNotLove and Tsuut'ina Stoney Corrections Society**

### *Men and Women's Family Healing Program*

In respect to the unique experience of our Indigenous population, we created this program with their cultural practices and history in mind. Launched in 2023, this program aligns with the Cochrane Provincial Courts mandate.

Family Healing is a 12-week program that takes a cultural approach to helping its participants take responsibility for their actions and acknowledge the harm they have caused. This program places a focus on the impacts of generational trauma and the effects of residential schools. The program offers resources and activities such as sweat lodge ceremonies, smudges, access to guidance from Elders, and more.

Family Healing brings an awareness to the damage domestic violence brings to both the individual and the family, and the community as a whole.

## ShelterLink

Powered by FearIsNotLove and YW Calgary, ShelterLink is an innovative web-based application for fostering an integrated System of Care. First launched in March 2023, ShelterLink provides a cohesive ecosystem of support resources for women and families escaping domestic violence, ensuring those in need find community-based services. It provides timely and appropriate support, whether through Shelter accommodations or community resources, leaving no one without essential assistance.

The ShelterLink platform currently hosts twelve women's emergency, transitional, and second stage shelters, in Calgary and its surrounding areas. These shelters collaboratively share bed availability information and support services to assist those in need. Real time data is made available to partners, the Calgary Police Service and eventually other emergency services.

ShelterLink empowers providers to access capacity data across the city and provide seamless service for women and children at times of crisis.



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## Integrated Intake Line & Referrals

To enhance ShelterLink, FearIsNotLove and YW Calgary launched an Integrated Intake & Referral Process in July 2023.

Both the YW Crisis Line and the FearIsNotLove Connect Domestic Violence & Abuse Helpline are now accessible through one centralized team located at FearIsNotLove. The staff at the Helpline provide warm transfers to shelter beds and outreach services in both agencies, when required.

With this collaborative approach, an individual seeking support is alleviated of the responsibility of calling multiple agencies to seek support, ensuring a timely and streamlined response.

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## Turning Points Fundraising Gala— It's Time to CHANGE THE CONVERSATION

Our Turning Points Gala took place on April 20, 2023. Hosted by Dave Kelly, distinguished guests, community leaders and supporters joined together to help change the conversation about domestic violence and abuse, while raising awareness and funds for our agency. The Gala featured live and silent auctions; an inspiring docuplay produced by Kelly Brothers Productions and moving performances by vocal ensemble Remix: Powered by Revv52. The event was a great success, raising more than \$595,000 in support of individuals and families in our community striving to live without fear, and free of domestic violence and abuse. Huge thanks to our generous sponsors, donors, supporters, partners, volunteers and committee members.





# VOLUNTEER PROGRAM

Volunteers are an integral part of our agency. We are grateful for their hard work, compassion and commitment. We would not be able to accomplish all the work we do each year without their support. **Thank you!**

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**130**

volunteers shared their gift of time and supported our agency.

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**4,505**

volunteer hours of service were contributed last year.



# BOARD OF DIRECTORS

Our Board of Directors is responsible for guiding our organization to fulfill our vision of freedom from domestic violence and abuse for everyone.

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Shelly Norris – President  
Jason Enns – Vice President  
Jason McGonigal – Treasurer  
John Wilmot – Secretary

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Courtney Burton – Director  
Darren Dansereau – Director  
Imran Gulam\* – Director  
April Hughes – Director  
Cathy Manten – Director  
Connie Muller – Director  
Tyler Pinder – Director  
Kristin Romeril – Director  
Ryan Schneider – Director  
Laiha Shum – Director  
Kim Ruse – CEO – Leadership

\*Resigned before the end of March 31, 2024.

A photograph of a woman and a young girl in a park at sunset. The woman, wearing sunglasses and a yellow sweater, is kneeling and blowing a dandelion. The girl, wearing a grey jacket and pink pants, is standing and blowing a dandelion. The background shows trees and a bright sunset sky. A semi-transparent pink box is overlaid on the bottom right of the image, containing text.

# COMMUNITY EVENTS

Independent special events, or third-party fundraisers, big or small, are a very important component of our fundraising activities. Every event held in support of our agency gets us one step closer to achieving our mission. Thank you to the many organizations, individuals and groups who organized fundraising events on our behalf in the past year in support of individuals and families in need.

For a list of Supporters, visit the Community Supporters & Events section at the end of this report or visit our website:

**FearIsNotLove.ca.**

# TREASURER'S REPORT

Demand for our services continues to increase with revenue increasing 6% year-over-year and expenses increasing 7% year-over-year, which resulted in a second consecutive deficit. Some of this is a result of one-time expenses relating to rebranding or responses to community need, but also continued inflation. Given our previous surpluses we are still well positioned to serve the community, but these deficits cannot continue in perpetuity.

The organization is focused on engaging our donors and finding sustainable sources of funding to meet the ever growing and changing needs of our community. We appreciate the ongoing support of the community, our donors, and all stakeholders as we continue to work towards a community free from fear, neglect, violence and abuse.

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**Jason McGonigal**  
*Treasurer*  
Board of Directors

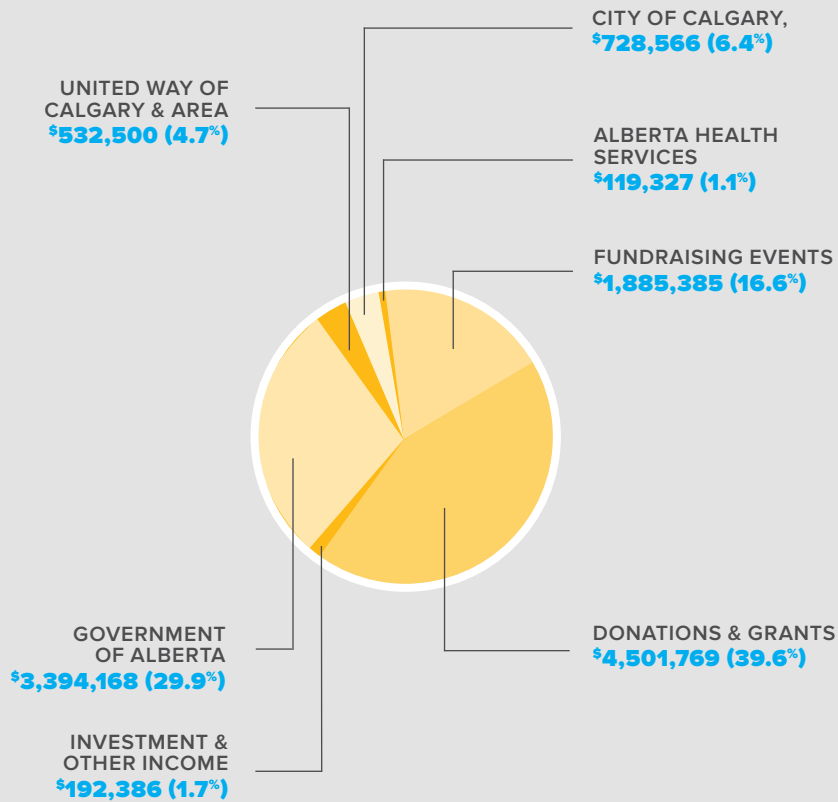


# FUNDING SOURCES & USES

FISCAL PERIOD ENDED MARCH 31, 2024

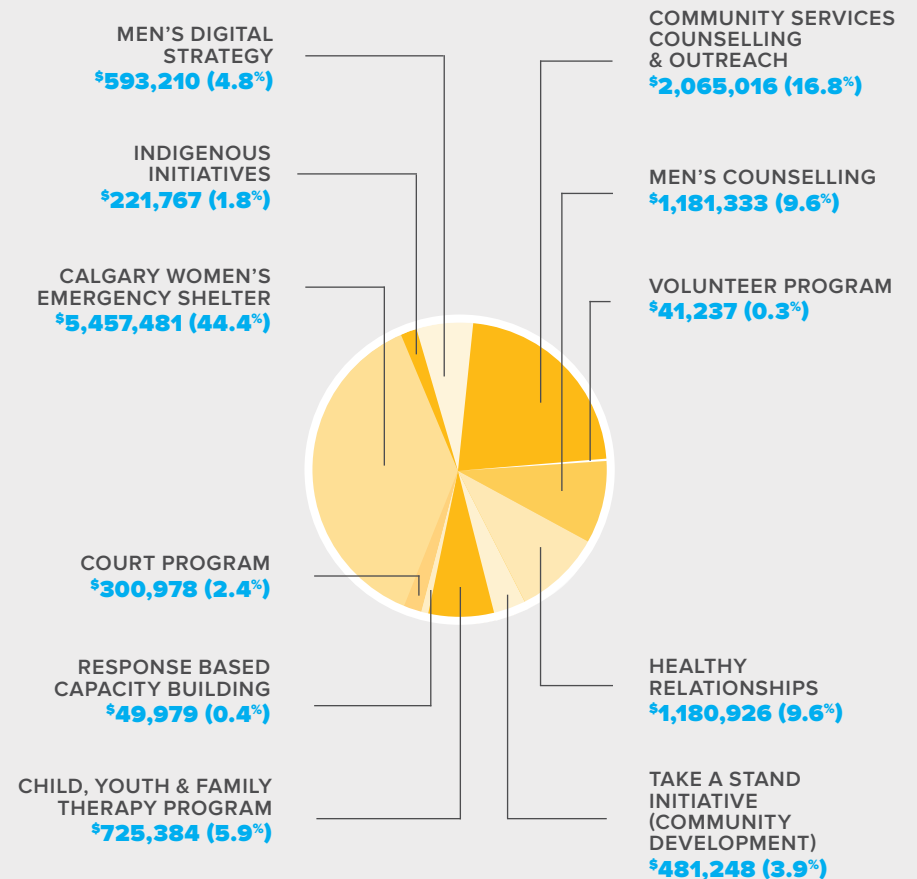
## FUNDING SOURCES 2023-2024

TOTAL REVENUE **\$11,354,101**



## FUNDING USES 2023-2024

TOTAL EXPENSES **\$12,298,559**



# FUNDERS, DONORS, SPONSORS & SUPPORTERS

**THANK YOU** to the following funders, donors, sponsors, and supporters for making a positive impact in our community and for helping Change the Conversation about domestic violence and abuse.

Your generosity makes a difference in the lives of those we serve in our community, move towards their journey of healing and safety, living without fear.

## FUNDERS

- Alberta Government
- Alberta Health Services
- City of Calgary
- Government of Canada
- United Way of Calgary & Area

## CORPORATIONS & ORGANIZATIONS

### DIAMOND \$100,000 +

- Alberta Law Foundation
- Suncor Energy Foundation

### PLATINUM \$50,000 – \$99,999

- AMJ Campbell
- Borger Group of Companies
- Brookfield Properties
- Cedarglen Living Inc.
- CTV Calgary - Bell Media
- Inter Pipeline Ltd.
- Royal LePage Solutions/  
Royal LePage Shelter Foundation
- Shaw Birdies for Kids presented by AltaLink
- Shoppers Drug Mart -  
Giving Shelter Campaign

### GOLD \$25,000 – \$49,999

- BP Canada Energy Group ULC
- Brookfield Residential Properties Inc.
- Calgary Co-op Community Foundation
- Cenovus Energy Inc.
- Logel Homes
- Norton Rose Fulbright Canada LLP
- Postmedia
- Women's Shelters Canada

### SILVER \$10,000 – \$24,999

- ATCO Group
- Brydon Stairs Ltd.
- EDC Associates Ltd.
- Enerplus Corporation
- Excel Homes Inc.
- GDI Services (Canada) LP
- Heartland Generation Ltd.
- Homes by AVI (Canada) Inc.
- Lusomé
- Raymond James Canada Foundation
- RBC Royal Bank/RBC Foundation
- Suncor Energy Inc.
- TELUS Friendly Future Foundation
- The ScotiaMcLeod Charitable Foundation
- WILCO Contractors Southwest Inc.

### BRONZE \$5,000 – \$9,999

- Birchcliff Energy Ltd.
- Canadian Pacific Kansas City (CPKC)
- Cassels Brock & Blackwell LLP
- Centra Cares Foundation
- Connect First Credit Union
- Country Hills Toyota
- Delta Calgary South
- EFW Radiology
- Emerson Clarke Printing Corporation
- Fish Creek Nissan
- HCM Contractors Inc.
- Jaguar Land Rover Calgary
- JPMorgan Chase Foundation
- Kaizen Automotive Group
- Len T. Wong & Associates
- Lexus of Calgary
- Longshore Resources
- McLennan Ross LLP
- Melcor Developments Ltd.
- Mercedes Benz Downtown Calgary
- Mercuria Commodities Canada Corporation
- Montgomery Chiropractic Plus
- Morrison Homes
- NexusV Inc.
- NuVista Energy Ltd.
- Ovitiv Canada ULC
- PCL Construction Management Inc.
- Peter the Plantman
- Pinder Wealth Management
- Professional Excavators Ltd.
- Qualico
- RONA Inc.
- Sentinel Storage
- Sifton Petroleum Inc.

- South Pointe Toyota
- Southern Butler Price LLP
- Teine Energy Ltd.
- Trail Appliances
- Trimount Construction Ltd.
- UKG
- UNIQLO Canada
- Valentine Group

### DONORS \$1,000 – \$4,999

- 1369716 Alberta Ltd.
- 495327 Alberta Ltd.
- 323 Media
- Acera Insurance
- Alberta Roofing Contractors Association Ltd.  
South Zone
- AME Consulting Group
- Anthratech Western Inc.
- Arctic Air Mechanical
- Ashworth General Contracting Ltd.
- Associated Engineering Alberta Ltd.
- ATB Financial
- Axis Connects
- Bantrel Inc.
- Barjac Construction Management Inc.
- BARR Engineering and Environmental Science  
Canada Ltd.
- Blue Rock Law LLP
- BMO Financial Group
- Brad Remington Homes 2010 Inc.
- Callow & Associates Management  
Consultants Inc.
- Capital Power's Empower Hours Program
- Careica Health
- CIBC
- Civic Recycling & Equipment 1995 Ltd.
- ConocoPhillips
- Convergent Technologies Ltd.
- Covenant Living
- Dr. Ken D. Fryatt PC
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- Enterprise Holdings Foundation
- Equilibrium Environmental Inc.
- Essential Energy Services
- First Choice Millwork Inc.
- Foothills Orthopaedic Trauma Research Team
- Fred's Industrial Services
- Free Rein Resources
- Friesen Solutions Inc.
- Gibson Energy ULC
- Goldthorpe Insurance and Financial Services, Inc.
- Hewlett Packard Enterprise Foundation

- Howard J. Marcotte Professional Corporation
- Insignia Energy Ltd.
- Integrity Audit and Accounting Ltd.
- Jaguar Land Group Ltd.
- Karen Anthony Consulting Inc.
- Karma Salon - Brentwood
- Karma Salon - Mahogany
- Kevin J. Torsher Professional Corporation
- KPMG LLP
- Liberty Mutual
- Lloyd Sadd Insurance Brokers (Calgary) Ltd.
- Lukes Drug Stores Ltd.
- Lynx Energy ULC
- MAC Engineering
- Manitoulin Group of Companies
- Marriott Hotel
- Maunders McNeil Foundation Inc.
- Mayfair Medical Clinic
- McElhanney Ltd.
- McKinsey & Company
- MEG Energy Corp.
- MRL Integrated Solutions Ltd.
- Ozlo Industries Inc.
- Pacific Wines & Spirits
- Pampered Chef
- Paramount Resources Ltd.
- Parkland Fuel Corporation
- Partridge Wine Imports
- Precision Plumbing Ltd.
- QV Investors Inc.
- Red Bloom
- Refresco
- Royal LePage Mission Real Estate
- Ryan P. Coupland Professional Corporation
- Sanjel Energy Services Inc.
- Scotiabank
- Shaw Communications Inc.
- Shell Canada Ltd.
- Sherritt International Corporation
- Silkworm Advisory
- Spartan Controls Ltd.
- Sponsor Energy
- TC Energy
- TD Bank Group
- TELUS
- Tenaska
- The Starbucks Foundation
- The Winston Golf Club Ltd.
- Toro Compressor Supplies Ltd.
- TriWest Capital Partners
- ViTreo Group Inc.
- Whitecap Resources Inc.
- XA Security

## INDIVIDUALS, FOUNDATIONS & GROUPS

### DIAMOND \$100,000 +

- Ernie and Elizabeth Pucci
- Estate of Carol Ann Gerber
- Estate of Katherine Annie Kittle
- Estate of Leone Christine McGregor
- Estate of Shauna Lee Wilson
- Norris Family Foundation
- Stephen Laut and Lori Egger
- The Flanagan Foundation

### PLATINUM \$50,000 — \$99,999

- Anonymous Donors (3)
- Calgary Foundation
- P.E.A.R.L. Foundation

### GOLD \$25,000 — \$49,999

- Anonymous Donors (4)
- Ajay Dhir
- Berkhold Family Foundation
- Gary and Janeen Nissen
- Horne Family Charitable Fund (Two) at Calgary Foundation
- James Evans
- Kaiser Foss Foundation
- KSBK Charitable Foundation
- Lois Jeanette Grant Memorial Fund at Calgary Foundation
- Neil Roh
- Patti & Jerry D'Arcy Legacy Fund at Calgary Foundation
- Peter and L. Adele McKeen
- Richard and Cathy Bird
- The Greene Family Charitable Foundation
- The Tenaquip Foundation
- William S. Herron Family Charitable Foundation

### SILVER \$10,000 — \$24,999

- Anonymous Donors (7)
- Alan Harvie
- Annie Freeze
- Anthony and Kelly Woolf
- Beverly Berkhold
- Coffey Family Fund at Calgary Foundation
- Connie Chadwick-Lynch
- Crist Family Fund
- David Pascoe
- David Spence
- Estate of Mary Demetrius Tebo

- FYidoctors | Visique Enhancing Life Foundation
- Flow Through Fund at Calgary Foundation
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- Jaye and Nancy Selin
- John Wilmot
- Ken and Susan Renton and The Renton Family Foundation
- Lighthouse Group
- Mary Jane and Robert Swinn
- Mary Smith
- Megan Cornhill
- Michael and D. Jane Evans
- Michael and Debbie Dannish
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- Pep and Bev Lough
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- Steve and Tina Wilson Family Foundation
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- The Community Opportunity Foundation of Alberta
- The Jackson Family Foundation
- Totem Charitable Foundation
- Tsang Family
- Tyler and Lindsey Pinder
- Vanessa Eagle
- Werklund Foundation

### BRONZE \$5,000 — \$9,999

- Anonymous Donors (12)
- A. Gerald and Kaylene Pinder
- A. Robert and Winnifred Bezemer
- Andison Family Foundation Inc.
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- Andrew and Deirdre Melton
- Andrew Wiswell
- Andy and Mary-Anne Znotins
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- Betty Hiltz and Stephan Benediktson
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- Colleen Repchinsky
- David and Dian Jenner
- Dawn and Jack Thrasher
- Donald Seaman
- Estate of Edith E. Falck
- Evelyn and Alan Reimer
- Frank Goodman
- G. Brent McLean
- Heather Cockerline

- Ian and Kelley Secord
- Jason & Theresa Baba Foundation
- John Anderson
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- Kim Kelly
- Linda and Kevin Middlemiss
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- Marilyn Withage Gifting Fund at Abundance Canada
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- Missy and Francisco - The Rocky Bags
- Patricia M. Moore
- Patti Stevenson
- Peter and Janice MacKinnon
- Philip Black
- Prism Schneider and Paul Chantle
- Raju Wani
- Rickbeil Family Fund at Calgary Foundation
- Robert Suitor
- Roger Delbaere and Lynette Husum
- Ross-Lynn Charitable Foundation
- Rotary Club of Calgary West
- Rotary Curling League of Calgary
- Rozsa Foundation
- Sharon Sudds
- Sidney and Sheila Leggett
- Tate and Kendra Pinder
- The Barr Family Foundation
- The David & Rose Zivot Family Foundation
- The Hotchkiss Family Foundation
- The Hylcan Foundation
- The Provincial Chapter of Alberta, IODE
- The Welty Family Foundation
- Vince Moyer

### DONORS \$1,000 — \$4,999

- Anonymous Donors (42)
- 783-(Calgary) Wing RCAFA
- Aaron Baker
- Adam Hayes
- Agnes Lau
- Akira and Misae Masuda Fund at Calgary Foundation
- Alan Hamar
- Aletha Brooks
- Alexander and Cathy Tye
- Alexander Wong
- Alison and Andrew Love
- Alison Essery
- Alison Jeffrey
- Amanda Hu
- Amanda Pankonin
- Ambi Ray
- Amy Behrens



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- Brian Heninger
- Brian Nelson
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- Calgary Kotobuki Society
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- Can Altay
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- Carla Murray
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- Caroline Waterman
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- Catherine Manten
- Cecile Latreille
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- Craig Skauge
- CUPE - Calgary District Council
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- Daniel Ezinga
- Daniel Tataryn
- Danielle and Matthew Krawiec
- Danna McLeod
- Danny Glin
- Darcy Spady
- Darren Dansereau
- Darryl Proudfoot
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- David and Katie Partridge
- David and Lorenia Wozney
- David Eeles
- David Melville
- David Nagle
- David Rain
- David Shiroky
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- Deborah and Marc Dionne
- Deborah Owens
- Del Rath
- Denise Bright
- Denise Chupik
- Devika Dixit
- Diana Hanevelt
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- Don and Maureen Snyder
- Don Thompson
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- Donald Hammill
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- Dr. Francine Michaud
- Dr. James McGhee
- Dr. Janice L. Pasieka Foundation
- Dragonheart Foundation
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- Greek Ladies Philoptochos Society of Calgary
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- H. Groen and N. Smith
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If you would like to make an update or have a correction, please contact our donations line at 403-539-5130 or at [donations@fearisnotlove.ca](mailto:donations@fearisnotlove.ca)

# GET INVOLVED

IT'S TIME TO CHANGE THE CONVERSATION ABOUT DOMESTIC VIOLENCE AND ABUSE

EVERYONE CAN DO THEIR PART TO HELP PREVENT DOMESTIC VIOLENCE AND ABUSE IN OUR COMMUNITY

## LEARN MORE

about domestic violence and abuse.

## HELP

someone you know or think is being abused.

## SPEAK UP

and start the conversation about domestic violence and abuse.

## PARTICIPATE

in community engagement opportunities and events.

## CONTRIBUTE TODAY

donate and/or volunteer.

For more information about ways you can help: [FearIsNotLove.ca](https://FearIsNotLove.ca).



# CONTACT US

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Connect Domestic Violence & Abuse Helpline:  
**(403) 234-SAFE (7233)**  
Email: [help@fearisnotlove.ca](mailto:help@fearisnotlove.ca)

Men's Resource Line: **1-833-327-MENS (6367)**  
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## FOLLOW US



In the spirit of reconciliation, we honour and acknowledge Treaty 7 lands, which are the traditional territory of the Blackfoot Confederacy consisting of the Siksika Nation, the Kainai Nation, and Piikani Nation, also included are the Tsuut'ina Nation and Stoney Nakoda Nation, and an important trading centre for the Métis of Region 3 of the Métis Nation of Alberta. We recognize that we are Treaty people and have a responsibility to understand our history and the spirit and intent of Treaty 7 so that we can honour the past, be aware of the present, and build a just and caring future based on peace, friendship and understanding.



# REPORT TO COMMUNITY 2023–2024

**FearIsNotLove**

Every human has the **right to feel safe, respected, supported** and loved.

**FearIsNotLove.ca**

