



RESOURCES AVAILABLE DURING COVID-19

24-HOUR FAMILY VIOLENCE HELPLINE 403-234-7233 (SAFE)

24/7 support

Interpreters available

Call: 403-234-7233
Text: 403-604-6689
Email: help@cwes.ca

Counselling, support,
safety planning,
information
and resources

EMERGENCY SHELTER

50 bed shelter for women and children fleeing family violence and abuse

Provides safe/secure accommodation, basic essential items, counselling and support

MEN'S COUNSELLING PROGRAM

Support for men concerned about their anger/behaviour in close relationships

Services through phone/virtual platform

Call: 403-299-9680
Email: mcscalgary@cwes.ca

COMMUNITY SERVICES COUNSELLING PROGRAM

For women experiencing family violence and abuse who are living in the community

Counselling, safety planning, parenting support and community resources navigation

Interpreters available

Services through phone/virtual platform

**WE ARE
HERE TO
HELP**

TAKE A STAND INITIATIVE

Provides information and strategies on how to support victims of family violence and abuse

One hour, online webinar available at calgarywomensshelter.com

More information:
TakeAStand@cwes.ca or call
403-290-1552 ext 426

COURT PROGRAM

Provides support with the navigation of the court system

Information, referrals, safety planning and preparedness for court

Services through phone/virtual platform

AVAILABLE ON A LIMITED CAPACITY BASIS

SHORT-TERM CRISIS SUPPORT FOR YOUTH

For adolescents, aged 12-21 experiencing distress in their close relationships

Scheduled services through phone/virtual platform

AVAILABLE ON A LIMITED CAPACITY BASIS

All of our services can be accessed through
the 24-Hour Family Violence Helpline: 403-234-7233 (SAFE)

For more information: CalgaryWomensShelter.com or MCScalgary.com.