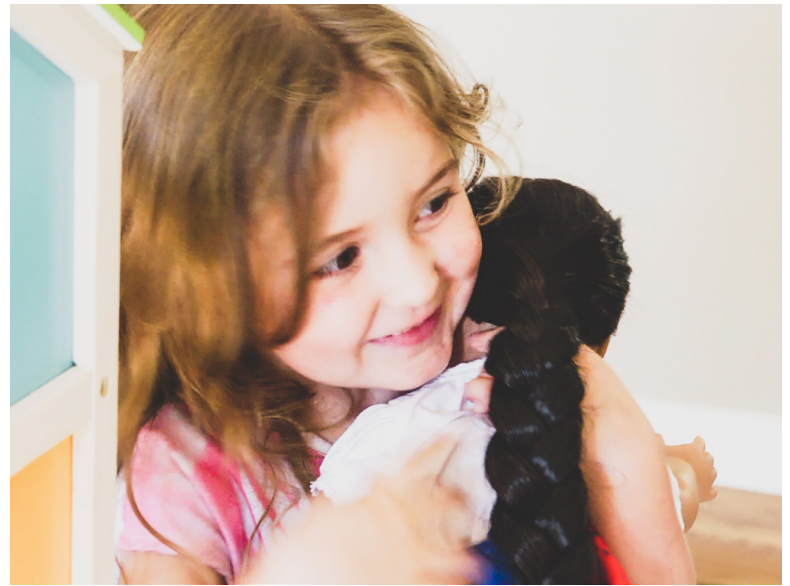




ADOPT A FAMILY



The Calgary Women's Emergency Shelter provides essential services and resources to women and their children fleeing family violence and abuse. They are forced from their homes and finding secure shelter is often their only hope.

You can help women and children be safe.

COVID-19 is affecting all of us. At times during the pandemic, our 24-hour Family Violence Helpline received 65% more crisis calls from women in immediate danger than prior to the pandemic. Even children are at a 21% increased risk of being victims of violence and abuse.

Your donation helps families access resources and basic essentials they need, the necessities which most of us enjoy every day such as a safe roof to live under, nutritious food, warm clothing and beds, and a sympathetic shoulder to lean on.

**You can give once or make an important monthly donation.
Your contribution, big or small, helps families in need.**

\$25 provides fresh fruit for the kids

\$100 provides a counselling session

\$250 keeps the Children's Activity Centre available in the Emergency Shelter

\$1000 provides a month of free transportation for families fleeing abuse

\$5000 keeps two families safe for one month in the Emergency Shelter

Adopt a Family Today

Help us support their stay at the Calgary Women's Emergency Shelter and their journey to well-being and safety.

Make a donation at calgarywomensshelter.com

For more information: info@cwes.ca or 403-539-5130.